

MILK SERVICE ORDER

NAME _____

MILK SERVICE PERIOD: August thru January 20, 2023

___Elementary \$53.00
___Kindergarten \$53.00
indicate milk day(s)

Early Childhood:
if less than five days per week,

___5 days per week \$51.00
___4 days per week \$43.50
___3 days per week \$32.50
___2 days per week \$22.00

Return milk service order form **prior to the start of school** if you desire to have your child receive 1/2-pint carton of 2% milk with lunch. Make check payable to MCS.

LUNCH TIPS

Pack only what your child will eat. If your child will not eat it at home, he will not eat it at school.

One-half sandwich may be enough. Cut the crust off if your child does not like it.

If the lunch requires a fork or a spoon, pack one.

Pack a napkin. Straws and placemats are provided at school.

Students need to eat a sandwich, soup, salad, vegetables, and fruit before dessert (cookies, cakes, candy, and "gummie" fruit snacks). **LIMIT DESSERT TO ONE ITEM PER LUNCH.**

Wash, peel, and slice all fruit at home.

Sometimes milk is not enough; pack a juice if needed. **IF YOU ORDER MILK, YOUR CHILD WILL NEED TO DRINK THE MILK BEFORE THE JUICE.**

Do not send carbonated beverages in a thermos bottle.

Wrap sandwiches and juice in foil in warm weather; this will keep them cool.

Due to the time factor, it is impossible to microwave lunches or wash thermos bottles and utensils after lunch.

PUT CHILD'S NAME ON THE OUTSIDE OF THE LUNCH BOX BY THE HANDLE.

A regular-size, rectangular lunch box is most appropriate due to the limited storage space.

REMEMBER: ALWAYS PACK A FORK OR SPOON IF NEEDED!